



A HOLMES MURPHY COMPANY

Selected Wellbeing Resources

Construction Industry

February 22, 2021

Cal Beyer; CSDZ

Risk Rewarded

Selected Links to Thought Leadership

Mental Health, Suicide Prevention and Wellbeing

Construction Users Round Table (CURT) – 1Q feature in *The VOICE* on Opioids and Suicide Prevention (February 2021)

<http://flip.matrixgroupinc.net/curt/2021/issue01/#page=26>

Construction Users Round Table (CURT) -- 3Q feature in *The VOICE* on Suicide Prevention in the Construction Industry (September 2020)

<http://flip.matrixgroupinc.net/curt/2020/issue03/#page=22>

Construction Users Round Table (CURT) --4Q Cover Story in *The VOICE* on Mental Health in the Construction Industry (December 2020)

<http://flip.matrixgroupinc.net/curt/2020/issue04/#page=18>

***Construction Executive* – Post-COVID-19 Strategies to Promote Mental Wellbeing and Suicide Prevention (June 2020)**

<https://www.constructionexec.com/article/post-covid-19-strategies-to-promote-mental-wellbeing-and-suicide-prevention>

Construction Financial Management Association *Building Profits* -- Mental Health and Wellbeing in the Construction Workplace (Sept/Oct 2020)

https://s3.amazonaws.com/rdcms-cfma/files/production/public/SO20_46.pdf

***Construction Executive* – Understanding and Addressing Depression in the Workplace – (September 2020)**

<https://www.constructionexec.com/article/understanding-and-addressing-depression-in-the-workplace>

Substance Use Disorders

AGC of America *Constructor* Magazine – Risk of Relapse (Sept/Oct 2020)

https://www.constructor-digital.com/ngcs/0520_september_october_2020/MobilePagedArticle.action?articleId=1621040&app=false#articleId1621040

Construction Business Owner -- 6 Steps to Prevent Substance Misuse in Your Workforce (Sept 2020)

<https://www.constructionbusinessowner.com/workforce-management/6-steps-prevent-substance-misuse-your-workforce>

Construction Executive – The Elephant in the Room: Tackling Alcohol and Substance Use in Construction (Sept 2020)

<https://www.constructionexec.com/article/the-elephant-in-the-room-tackling-alcohol-and-substance-use-in-construction>

Chronic Pain

Construction Executive - Part 1: The Causes, Comorbidities and Consequences of Chronic Pain in Construction Workers (January 25, 2021)

<https://constructionexec.com/article/the-causes-comorbidities-and-consequences-of-chronic-pain-in-construction-workers-part-1>

Construction Executive - Part 2: Alternatives to Opioids for the Management of Chronic Pain (February 1, 2021)

<https://constructionexec.com/article/alternatives-to-opioids-for-the-management-of-chronic-pain-part-ii>

Miscellaneous Topics

Construction Business Owner - Why Employee Assistance Programs Are Valuable During & After COVID-19 (May 2020)

<https://www.constructionbusinessowner.com/workforce-management/why-employee-assistance-programs-are-valuable-during-after-covid-19>

Construction Business Owner – How to Prevent Workplace Violence During and After COVID-19 (May 2020)

<https://www.constructionbusinessowner.com/popular-now/how-prevent-workplace-violence-during-after-covid-19>

Construction Business Owner – Are Telehealth and Teletherapy Here to Stay? (May 2020)

<https://www.constructionbusinessowner.com/popular-now/are-telehealth-teletherapy-finally-here-stay>

